Women’s History Month

HOW POWERFUL ARE WE!!

VERY POWERFUL! Happy Women’s History Month!! As a women’s empowerment organization, MMSI is always excited to celebrate the achievements of women. We are equally excited to celebrate and empower our girls. Please enjoy this issue of The Graces as we highlight amazing women, girls, organizations, and businesses who are making strides.

Annually during Women’s History Month, we also celebrate International Women’s Day on March 8th. Together, WE CAN and will #BreakTheBias for gender equality.

Best Wishes Queens & Kings!
The Graces Newsletter Staff
International Women’s Day 2022
March 8th

International Women’s Day (IWD) celebrates the social, economic, cultural, and political achievements of women. This day also marks a call to action for accelerating women’s equality that must extend beyond March 8th. You can manifest change to #BreakTheBias and forge a gender–equal world by learning more about the missions adopted by IWD below. IWD has occurred for well over a century, with the first IWD gathering in 1911 supported by over a million people. As we celebrate women’s achievements, we must also work to increase our visibility, while calling out inequality.

- Build Workplaces Where Women Thrive
- Elevate Visibility Of Women Creatives
- Improve Equality For Women In Tech
- Forge Women’s Empowerment Worldwide
- Celebrate The Women Forging Change
- Empower Women’s Choices In Health

Join Malik Melodies Sisterhood, Inc., our Student Leaders, friends, and family as we take a stand to #BreakTheBias on March 8th and every day!

Source: https://www.internationalwomensday.com
#IWD2022 #BreakTheBias

Photos: (Top to Bottom)
Jemma St. Lawrence-Martin (middle) with sister DeAnn & daughter Corrine;
Raven Taylor; Quiana Arnette and daughter Quiamani Tyler; Sophia Connellan;
Akil Hodge & Brittany S. Johnson; Sharon Harleston; Lori Dee Frazier;
Charlene Lambrecht; Kim J. Bright; Anita Wallace.
Leadership

WHO IS CATALYST?

Catalyst is a global nonprofit working with some of the world’s most powerful CEOs and leading companies to help build workplaces that work for women. Founded in 1962, Catalyst drives change with pioneering research, practical tools, and proven solutions to accelerate and advance women into leadership — because progress for women is progress for everyone.

Catalyst’s work focuses on four key areas:

- Advancing Women: Increasing the representation of women, particularly women from racially and ethnically marginalized groups, in corporate leadership and promoting equal access to career opportunities.

- Women and the Future of Work: Developing solutions for women and underrepresented groups to have full participation and equal opportunity in the 21st-century workplace.

- Lead for Equity and Inclusion: Deepening understanding of workplace inclusion and equipping global companies to remedy inequities across intersections of identity (such as gender, race, ethnicity, culture, sexual orientation, or gender identity).

- MARC (Men Advocating Real Change): Engaging men to leverage their influence to advocate for gender equity in the workplace.

Source: https://www.catalyst.org/what-we-do/

MUST WATCH VIDEO: #BiasCorrect: Workplaces Around The World
https://www.youtube.com/watch?v=H8BhbH91yHQ

“Unconscious gender bias is embedded into the Talent Management systems and impacts career advancement.”

“Unconscious gender bias has a direct link to the gender pay gap.”

“Male counterparts are invited to meetings that women are not being invited to.”

When a woman has a point of view, she’s considered aggressive, pushy, or is considered to have a “tone”. “Most men don’t get spoken to about their “tone” or how they show up… but women do.”

“It’s not the woman who needs to change, but the workplace environment, and the culture, and the barriers that are institutionalized and taken down.”

The way in which a woman who isn’t afraid to display strong feelings or beliefs is labeled due to unconscious gender bias.

e·mo·tion·al
/ əˈmōshən(ə)l/
synonym: passionate

The way in which a man who isn’t afraid to display strong feelings or beliefs is labeled due to unconscious gender bias.

pash·ion·ate
/ ˈpaSH(ə)nət/
synonym: emotional

La forma en que se califica a una mujer que sobresale al asumir un cargo de una situación o proyecto, debido a un sesgo de género inconsciente.
influyente

La forma en que se califica a un hombre que sobresale al hacerse cargo de una situación o proyecto, debido a un sesgo de género inconsciente.
influente

sinónimo: autoritario
Right Within: How To Heal From Racial Trauma in The Workplace, by Minda Harts

View Minda Harts’ interview with Alicia Menendez from MSNBC’s American Voices discussing her book *Right Within: How To Heal From Racial Trauma in The Workplace* and the Black Women’s Health Imperative Anti-Racism Initiative. Learn about the "Affirmation Pyramid" and "The Manager’s Pledge" to combat systematic racism.

https://www.msnbc.com/american-voices/watch/workplace-racism-often-derails-careers-of-black-women-122604613743

The Black Women’s Health Imperative (BWHI) is the oldest national organization dedicated solely to improving the health and wellness of our nation’s 21 million Black women and girls – physically, emotionally, and financially.

BWHI’s Mission:
To lead the effort to solve the most pressing health issues that affect Black women and girls in the U.S. Through investments in evidence-based strategies, we deliver bold new programs and advocate health-promoting policies.

To learn more about The Black Women’s Health Imperative and their signature programs, special initiatives, and BWHI policy development visit: https://bwhi.org

"WHAT IF ALL BLACK WOMEN & GIRLS ENJOYED OPTIMAL HEALTH AND WELL-BEING IN A SOCIALLY JUST SOCIETY?"

- https://bwhi.org
Malik Melodies Sisterhood, Inc. is partnering with Grow with Google to provide training, tools, and resources to help our community to strengthen their skills, careers, or businesses with virtual workshops.

The most recent workshop “Drive Traffic to Your Website with SEO” was held on March 9, 2022. Anyone with a website or business presence online can benefit from search engine optimization (SEO), the process of helping search engines find and display your site in search results. At this workshop, individuals learned the following: Practical strategies that you or your web development team can implement to help drive traffic from Google Search to your site. This workshop is part of Grow with Google’s Partner Digital Series, which curates specialty content for learners of their Nonprofit partner organizations, such as MMSI.

If you missed the live event on March 9, 2022 you can watch the on-demand recording using this link: https://growonair.withgoogle.com/events/drive_traffic_to_your_website_with_seo
Registration is required (at no cost) – please choose “Community Organization” and enter Malik Melodies Sisterhood, Inc. when prompted.

About Grow with Google

Grow with Google helps ensure that the opportunities created by technology are available to everyone. Since launching in 2017, Google has trained more than six million Americans on digital skills. And through a network of more than 8,500 partner organizations—including local libraries, schools, and nonprofits—more people across the country can reach their full potential. To learn more about Grow with Google partners and the available tools and resources, visit google.com/grow.

Their Mission:
“*We are always inspired to see what people do when they have access to technology. We know that people are changing the world through their own creativity and passion and that sometimes technology lends a hand. So we wanted to do our part to make sure that technology brings opportunity to everyone.*”

Stay tuned for future workshops!
IMPOSTER SYNDROME ... DON'T CLAIM IT!
HAVE FAITH IN YOURSELF!

Sadly, several professionals experience what has been coined the “Imposter Syndrome” or “Imposter Phenomenon”. While this phenomenon impacts both men and women, it is mainly associated with women as its origins were based on a paper written in 1978 by psychologists, Dr. Pauline Clance and Dr. Suzanne Imes titled, “The Imposter Phenomenon in High Achieving Women: Dynamics and Therapeutic Intervention”. Imposter Syndrome can surface at any time in one’s career; the American Psychological Association estimates apx. 82% of individuals will deal with IS in their careers.

What is Imposter Syndrome (IS)?

Dr. Lisa Orbé-Austin, Ph.D. shares, “Imposter Syndrome is when you are highly experienced, successful, credentialed, but you fear being found out as a fraud. That fear of fraudulence drives behaviors like overwork and self-sabotage. We can also get caught up in denying our ability and attributing success to luck, mistake, overwork, or a result of our relationship(s). We don’t take compliments well and we feel a lot of fear and guilt about the success and we also can feel unintelligent or perfectionistic. Individuals experiencing imposter syndrome can also overestimate what others do and undervalue what they do and have achieved.”

“People with IS often self-sabotage. The way people with Imposter Syndrome often self-sabotage is long procrastination followed by short intense bursts of overwork. Imposter Syndrome can impact leaders through micromanaging your direct reports and being overly concerned about them and how they show up as you view their work as a reflection of yourself.”

“Imposter Syndrome can impact academic and work self-efficacy and our ability to create a path for ourselves. There is often a focus on what people think and want from us. Certain types of bosses can be toxic for those with Imposter Syndrome:
- Perfectionist bosses
- Insecure bosses
- Erratic bosses
- Prove it to me bosses
- Withholding bosses”

Conquering Imposter Syndrome

Recognizing you are under the effects of IS and that you are NOT alone experiencing this phenomenon is the first step to conquering IS. Dr. Orbé-Austin states we must understand where IS came from in our life; figure out intentional behaviors to counter what’s reinforcing our IS, and find ways to keep ourselves from falling back into disempowering IS experiences is key. Below are a few resources to get you on the path to breaking free from the grips of IS:

- Taking Dr. Valerie Young’s quiz to identify behaviors and reading her “10 Steps To Overcome the Imposter Syndrome” is incredibly helpful in taking the first steps to conquering Imposter Syndrome.
- Dr. Lisa Orbé-Austin’s book, Own Your Greatness: Overcome Imposter Syndrome, Beat Self-Doubt, and Succeed in Life
- Dr. Orbé-Austin’s webinar - Beyond Imposter Syndrome: Coach Clients to Defeat the Internalized negative Voice and live in Their Greatness. (This link includes a video and summary of the webinar—while intended for leadership coaches, this gives a nice overview of imposter syndrome and tools coaches use to address concerns with clients.)

Sources:
- https://impostorsyndrome.com/
- The Imposter Syndrome, Finding a Name for the Feelings, by Dr. Valerie Young
- Mentoring Someone with Imposter Syndrome: Remind Them Whey They Belong In the Job, by W. Brad Johnson & David G. Smith
- How to Overcome the Imposter Syndrome
- Beyond Imposter Syndrome: Coach Clients to Defeat the Internalized negative Voice and live in Their Greatness
The Virtual 19th Annual Black History Celebration & MMSI Fundraiser

Our annual celebration on February 19, 2022, to support the Asa Restoration Project, hosted by Sisters, Kim Bright, Bibi Chaterpateah, and Sharon Harleston was a great success! It was another powerful educational evening celebrating the greatness of our Ancestors and individuals making current history.

Our keynote guest speaker, Atlantis Browder of the IKG Cultural Resource Center (IKG) shared an overview of the Asa Restoration Project. IKG is celebrating its 40th anniversary and Ms. Browder provided a great historical overview of IKG accomplishments, historical impacts, and an update on current initiatives.

A special thanks to Ms. Browder and to all our guests who provided presentations that were informative and empowering!

Annie J. Easley, Mathematician, Rocket Scientist, and Computer Scientist who worked at NASA developing a computer code that could analyze alternative power sources to support the centaur rocket. Ms. Easley’s Quote: “If I can’t work with you, I will work around you.

Thomas Fuller, 1710–1790, born between Liberia and Benin African was sold into slavery in 1724 to the Cox family at the age of 14. He was a master mathematician and known for his extraordinary ability to solve complex math problems in his head. Stories of his abilities traveled through the Eastern seaboard and his skill was proof that enslaved Blacks were equal to whites in intelligence. When Mr. Fuller was 70-years old, he was asked how many seconds there were in a year and a half, he answered in about 2 minutes, 47,304,000. Mr. Fuller also lead the anti-slavery movement and paved the road for modern mathematics.

Ron Headley was born in 1939 in Kingston, Jamaica, and moved to England at the age of 13. Like his father Sir George Headley, he played cricket internationally for the West Indies. His son Dean Headley played 15 cricket tests for England. Ron Headley invented the Eco-charger. The eco-charger improves the performance of diesel cars because it reduces smoke emission, fuel consumption and allows car to run for 150,000 miles without major maintenance.

Ethel Waters’ contribution in media broke barriers in many cultural areas for African Americans. She was an enormously popular jazz, blues singer, and actress. Being the first black woman to star in her own television show in 1939. As well as the second Black woman nominated for an Academy Award, and the first African American to be nominated for an Emmy Award. With Ethel Waters leading the way we now have many famous African Americans using their talent to produce greatness.
Florestine Perrault Collins – First African American Creole Woman Photographer. *Picturing Black New Orleans: A Creole Photographer’s View of the Early 20th Century* by Arthé A. Anthony documents Ms. Perrault Collins photography is available online or solicit your favorite Black-owned book store *(also see page 9 for a listing)* and ask them to order it for you if it's not in stock.

Esteban Hotesse – Dominican-born member of the famed Tuskegee Airmen. [https://weservedtoo.wordpress.com/2016/10/10/esteban-hotness](https://weservedtoo.wordpress.com/2016/10/10/esteban-hotness)

Claudette Colvin – Civil Rights Pioneer "*Before Rosa Parks there was Claudette Colvin*"
[https://www.miamitimesonline.com/opinion/editorials/before-rosa-parks-there-was-claudette-colvin/article_ecf52d6a-61ae-11ec-9a0a-8bda6f70ad3a.html](https://www.miamitimesonline.com/opinion/editorials/before-rosa-parks-there-was-claudette-colvin/article_ecf52d6a-61ae-11ec-9a0a-8bda6f70ad3a.html)


The importance of teaching our children how to swim and recommended documentary: “A Film Called Blacks Can’t Swim (My Journey My Story)” [https://www.amazon.com/Film-Called-Blacks-Journey-Story/dp/B08B1KG2T4](https://www.amazon.com/Film-Called-Blacks-Journey-Story/dp/B08B1KG2T4) and [https://blackscantswim.com/](https://blackscantswim.com/)

The Three Mothers, by Anna Malaika Tubbs - "Much has been written about Berdis Baldwin’s son James, about Alberta King’s son Martin Luther, and Louise Little’s son Malcolm. But virtually nothing has been said about the extraordinary women who raised them. In her groundbreaking and essential debut The Three Mothers, scholar Anna Malaika Tubbs celebrates Black motherhood by telling the story of the three women who raised and shaped some of America’s most pivotal heroes."

La La Anthony Celebrates Afrolatinidad | Black, Latino and Proud [https://www.youtube.com/watch?v=7-yzx5x9IZY](https://www.youtube.com/watch?v=7-yzx5x9IZY)
INFINITY: In Our Hearts Forever – Memorial tribute to shoes who have succumbed to COVID - This sacred space is dedicated to those whose lives were cut short by Covid 19. Let us lend a helping hand in honoring their memory. Please honor your loved ones, friends, or colleagues on this beautiful tribute website at https://www.infinityhearts.net/

Justice4Garvey! – Support and Sign the Marcus Garvey Exoneration Petition
To learn more, share with others AND sign the Petition visit http://justice4garvey.org/

Info Video about Marcus Garvey: https://vimeo.com/665785261

Documentary: In Our Mother’s Garden - Black women from across the globe unlock stories of their mothers to redefine holistic lives rooted in radical self-care and healing in this documentary. On Netflix: https://www.netflix.com/title/81354661

Documentary: Attica – The film tells the story of the deadliest prison uprising in U.S. history, when men at the Attica Correctional Facility in upstate New York rebelled on September 9, 1971, overpowering guards and taking over much of the prison to protest conditions, before they were brutally suppressed View Free Full Documentary (TVMA) | SHOWTIME on YouTube for a limited time. https://www.youtube.com/watch?v=_1Zq9Am5UFM

Watch the Democracy Now! Interview with the filmmaker, Stanley Nelson on Police Brutality, Black History & His Oscar Nomination for “Attica” https://www.youtube.com/watch?v=_pUUMErQVzE

G. Theodore Catherine – Creator of A” Journey Into 365 Days of Black History Calendar”. To Purchase Your Black History Calendar Visit: https://www.iokts.com
Support
Black-Owned Book Stores

https://www.blackclassicbooks.com
https://www.mahoganybooks.com
https://www.events.sankofa.com
https://harambeebooks.org/shop

Black-Owned Book Store Listing:
https://aalbc.com/bookstores/list.php

19th Annual Black History Celebration Smiling Faces!
YMCA’s Stand Against Racism Campaign
April 28 – May 1, 2022

YWCA is on a mission to Stand Against Racism! The YWCA takes a Stand Against Racism every day by raising awareness about the impact of institutional and structural racism and by building community among those who work for racial justice.

This year, their annual Stand Against Racism campaign will take place April 28 – May 1, 2022. YWCA Local Associations, allied groups, and individuals are invited to focus their events and organizing on the myriad of racial justice issues that impact the quality of life for communities of color. Most importantly, you are invited to join the call to make change for communities of color and tell the world, We Can’t Wait: Equity and Justice Now!

This year, our theme is led by the Stand Against Racism Challenge, which offers anyone the chance to participate in and help foster a virtual community of growth and learning around social, systemic, and institutional racial inequity. To learn more and to Join the Challenge visit: https://standagainstracism.org/#

Source: https://standagainstracism.org/#
Raven Savannah Taylor, daughter of Taa Kingdom's GM Kathleen D. Taylor and husband Jonathan Taylor, was accepted to participate in the citywide high school program Brooklyn Academy of Music (BAM) - DANCE IN FOCUS. She will work with highly respected international/ national dancers and choreographers. She also participates in weekly sessions with NextGen of the Classic Stage organization. Here she will learn about the technical and writing aspect of the stage and live theater.

Raven Savannah is a freshman at LaGuardia High School of the Performing Arts in NYC. She works to pursue a career which involves the Performing Arts (dancing and writing) and Forensic Psychology, Behavior Analysis/Profiler. Raven also served as a Student Advisor to MMSI's 2021 WE LEAD: Empowering Our Girls Conference.

Honoring Women - MMSI Women in Military
Thank You For Your Service Queens!

Sister Jovanna Gaines
Retiring From the US Air Force!!

"Thank you God. Everything has come together beautifully. I closed this chapter of my military career— 20 yrs of service and sacrifice. Now I’m moving on to other doors opened. My family and friends showed up and that meant so much! They made it from near and far. We celebrated and had a great time. Love you guys!"

Sister Nathalie Lilavois,
Former US Army Reserve Captain

I am SO PROUD to have had my name added to the Historic Roll of Honor by the Women in Military Service for America Memorial Foundation in June 2011. Located at the ceremonial entrance to Arlington National Cemetery, it is the ONLY major national memorial honoring all women who have defended America throughout history.

https://youtu.be/UsNnzqp3RBE

QUEENS REUNION
MMSI Sisters had a wonderful reunion in celebration of Sister Juceliz Batista’s relocation to Wash. DC!

Left Photo: Kim Bright, Juceliz Batista, & Mildred Ngminebayihi
Right Photo: Christine Delgado, Kim Bright, Sherlyn Ortiz & Juceliz Batista
In October of 2021, Gracious Melody, Dr. Katherine Hutchinson-Hayes, Ed.D. launched a writer’s podcast on her website called: “Murder, Mystery & Mayhem Laced with Morality”. The podcast serves as a networking platform for authors as well as a venue for those authors to be interviewed. All writing genres are featured (including mysteries, suspense, and thriller stories). Though it’s a platform for authors, anyone can benefit from listening to the author’s interviews.

The podcast also includes a bonus feature; the “Black History Minute” recordings. These recordings highlight authors of color as well as significant accomplishments within Black History.

Please take a listen to some amazing stories about a variety of authors and our history via: https://www.drkatherinehayes.com as well as on Apple Podcast, Spotify or Google Podcast.

Spotlighting Black-Owned NY Businesses

By GM Anita Wallace

City Island Seafood

What a way to honor & celebrate Black History Month!! “Seafood Kingz 2” is the FIRST Black-Owned seafood restaurant on City Island in the Bronx. The grand opening took place on February 25, 2022.

This restaurant is a family affair. The founder and owner is Darryl Lelie, his son Derell & wife Catrina are both general managers. The first “Seafood Kingz” is on Linden Boulevard in St. Albans, Queens, and opened in September 2019. Amazingly this location survived the Coronavirus pandemic. The Lelie family also had a “Seafood Kingz” in the South Bronx, but due to a variety of challenges, that restaurant closed.

Location is everything… On City Island, “Seafood Kingz 2” is the FIRST restaurant you see on the left as you arrive on the island! Did you know that historically, there are very few Black families or businesses on City Island? Racism was strong on the island in years past, including the burning down of a Black family’s home in the late 1960s.

The owner, Darryl Lelie says his restaurant’s menu offers “…seafood with the soul food trimmings”.

“Seafood Kingz 2” is located at 634 City Island Avenue, Bronx, NY 10464

Their hours are Sunday to Thursday from 12 noon to 10:00 pm; and Friday to Saturday from 12 noon to midnight.

https://seafoodkingzinc2.business.site/?utm_source=gmb&utm_medium=referral

P.S. - Check out the colors of their storefront seafood marquee!
Let’s Toast With Champagne!

The next bottle of Champagne you pop should come from “B. Stuyvesant Champagne”. Ms. Marvina Robinson is one of very few Black women who own a champagne brand. She is a native New Yorker hailing from Bedford-Stuyvesant, Brooklyn. The name of her company is In tribute to her hometown and her childhood.

Marvina Robinson’s champagnes are crafted from vineyards in France from 8 different villages. The winemaking process is done by hand and honors the environment by using integrated pest control methods at the vineyards. Integrated pest control in an ecosystem-based strategy including cultural practices which minimizes risks to the environment and to people.

The vineyard produces the following wines: 70% Pinot Meunier, 20% Pinot Noir and 10% Chardonnay. Please visit the B. Stuyvesant website to purchase individual full or half bottles, a case, or some champagne popcorn.

My order is on the way! Clink, clink! https://www.stuyvesantchampagne.com

Spotlighting Black-Owned NY Businesses

(continued)

The Jewel of Manhattan’s Diamond District

“Sheryl Jones Jewels” is the ONLY Black owned jewelry store located in NYC’s Diamond District. Sheryl’s store is in the heart of the district at One Rockefeller Plaza on 47th Street. Ms. Jones has a bachelor’s degree from the University of Michigan and a graduate diamond degree from the Gemological Institute of America (GIA). She was also an apprentice with one of Belgium’s finest diamond manufacturers.

Ms. Jones has been in the jewelry business for 20 years. She’s created pieces for Sotheby’s. She started her career in jewelry in 1999 after working in the entertainment industry for over a decade as a film and television publicist. Sheryl says, “I have always been passionate about fine gemstones’ transformative power and beauty.”

To view her amazingly beautiful gems & diamond creations, visit her website: https://www.sheryljonesjewels.com. You will find pieces for men and women. If you plan on making a purchase, be ready to break your entire piggy bank… her prices are nothing to sneeze at. Remember, she creates original high end pieces with the most exquisite stones.

What’s New
Micah is a young boy that has his eyes set on a pair of new shoes. Instead of his parents just buying the shoes for him they challenged him academically to meet a goal before they purchase it. Micah, an ambitious young boy relentlessly embraced the challenge. "Brand New Shoes" conveys messages of hard work and accountability in a way that children can undoubtedly relate to.

Ten year old identical twins Tiana and Danita don’t have the best relationship. While they’re both beautiful and talented, they still feel like they aren’t good enough and have managed to allow their differences to come between them. The girls learn valuable lessons from their teacher Mrs. Samuels about the importance of unity, sisterhood, embracing differences and being confident in themselves.

“Brand New Shoes” and “The World Needs Someone Like Me”
Are available for purchase at your favorite Black-Owned Book Store. (See Listing on Page 10 of the Newsletter). They are also available on Amazon.
Upcoming Events - March & April 2022

It's time to RESET. RESTORE. REIMAGINE.

Please join Malik Melodies Sisterhood, Inc. on Saturday, March 26, 2022, at 1:00 (ET) for a 2-hour virtual wellness session!

This event will consist of mindful movement, journaling, community sharing, and meditation activities. Remember to bring water, a journal, and a pen, along with an open mind, and positive energy! We recommend that you wear comfortable clothing that allows you to move freely. Open to all ages!

HOST: Sister Bibi Chaterpateah, CYT200 Certified Yoga Instructor and Wellness Coach, Founder of Sadhana Studio, Inc. (SadhanaStudioInc@gmail.com)

FREE EVENT / REGISTRATION REQUIRED: Please register on Eventbrite at https://reset-restore-reimagine.eventbrite.com

Note: Your Eventbrite registration confirmation will provide the Zoom.com link to the Chip and Sip Film Series.

We thank you for your support and look forward to seeing you virtually on April 22nd!! Bring Your Favorite Beverage & Snack

* VIRTUAL *
*FREE * Space Is Limited *
* Register Soon! *

REGISTER AT: https://mmsi_chip_and_sip.eventbrite.com

MALIK MELODIES SISTERHOOD, INC. PRESENTS
Chip & Sip Film Series
Happy Hour Video & Discussion
In Celebration of the 20th Anniversary of “From The Browder File”

Join MMSI As We Explore The Origins of Who We Are As A People While On A Journey of Enlightenment Where We Begin To Learn The Truth About Ourselves and A Greater Understanding of Others Who Continue To Influence Our Lives Today.

FRI. APRIL 22, 2022 7:30PM (ET)
REGISTER AT: https://mmsi_chip_and_sip.eventbrite.com
Upcoming Events-


Egypt On The Potomac Field Trips Resume – Washington, DC

2022 Schedule:
April 2, May 7, June 4, July 9, August 6, September 10, October 1, November 5
Two sessions each day – 10 a.m. or 1:00 p.m.

The Egypt on the Potomac Field Trip is a guided journey through Washington, DC that uncovers secrets hidden in plain sight. Did you know there is information and wisdom embedded throughout the visual make up of the city: in federal building architecture, street alignment, symbols on streets and buildings, and numerical patterns found throughout all of these elements, among others?

By examining this embedded information, and exploring aspects of African mythology, African American, American, and Washington DC history, the Field Trip illuminates the ancient Egyptian influence on the founding fathers of the United States of America, as well as their acknowledgement of the Nile Valley origins of civilization.

The walking Field Trip, which is sponsored by IKG Cultural Resource Center and was created by author and cultural historian Anthony T. Browder. A facilitator guides participants to understand the story of DC’s history that is hidden in plain sight. Source: https://ikgculturalresourcecenter.com/egypt-on-the-potomac/

The Graces

The Official Newsletter of the Malik Melodies Sisterhood, Inc.

Angela Pauling Memorial Scholarship

$20/22 Scholarship Fundraising Campaign

We Need Your Help
To Ensure Bright Young Minds
Can Fulfill Their Dreams Of
Attending College.

Please Support
Malik Melodies Sisterhood, Inc.
10th Annual Angela Pauling
Memorial Scholarship

DONATE ON-LINE with PayPal, Credit or Debit Card at
https://www.malikmelodies.org
OR Via Zelle at MalikMelodies@gmail.com

Please Donate Today!

MMSI MONTHLY MEETINGS:
Executive Board – 2nd Tuesday of every month
at 8:00 pm
Professional Branch – 3rd Tuesday at 7:30 pm
The Graces Newsletter Staff – Last Wednesday
at 8:00 pm

The Graces Staff

Kim J. Bright
Bibi Chaterpateah
Jillian Gibson
Sharon Harleston
Lisa Rodriguez
Anita Wallace

Executive Board

Kim J. Bright, Co-Founder
Nathalie Lilavois, President
Sharon Harleston, Vice President
Mary Richardson, Parliamentarian
Lisa Rodriguez
Anita Wallace

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